

DIABLO FOOTHILL ATHLETIC LEAGUE

PAT LICKISS, COMMISSIONER
1989 WOODBURY COURT, WALNUT CREEK, CA. 94596 TEL/FAX (925) 939-3127

ACALANES ALHAMBRA CAMPOLINDO DOUGHERTY VALLEY DUBLIN LAS LOMAS MIRAMONTE

Approved: 6/14/11 (REVISED 1/10/12)

DFAL TRACK SCHEDULE

2011-12

Practice Starts: February 6; Start Time: 3:30 PM

DFAL Frosh/Soph Invitational Meet: Tuesday, May 8

DFAL League Meet: Wednesday and Friday, May 9 and 11; Start Time: Field Events: 4:30PM;

Running Events: TBD; Site: Campolindo High School

NCS Tri-valley Championships: Saturday, May 19

NCS Meet of Champions: Friday and Saturday, May 25, 26

State CIF Championships: Friday and Saturday, June 1, 2

Week One: Wednesday, March 14

Site 1: Acalanes @ Dougherty Valley

Site 2: Las Lomas/Alhambra @ Miramonte
Campolindo/Dublin-Bye

Week Two: Wednesday, March 21

Site 1: Las Lomas/Alhambra @ Acalanes

Site 2: Dougherty Valley/Dublin @ Campolindo
Miramonte-Bye

Week Three: Wednesday, March 28

Site 1: Acalanes @ Miramonte

Site 2: Las Lomas/Alhambra/Campolindo @ Dublin
Dougherty Valley-Bye

Week Four: Wednesday, April 18

Site 1: Campolindo/Dublin @ Acalanes

Site 2: Miramonte @ Dougherty Valley
Alhambra/Las Lomas-Bye

Week Five: Wednesday May 2

Site 1: Dougherty Valley/Alhambra @ Las Lomas

Site 2: Miramonte/Dublin @ Campolindo
Acalanes-Bye

Wednesday, May 9; Friday, May 11

DFAL League Meet @ Campolindo