

# DIABLO FOOTHILL ATHLETIC LEAGUE

ORLANDO CHIAVINI, COMMISSIONER  
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ACALANES ALHAMBRA CAMPOLINDO DOUGHERTY VALLEY DUBLIN LAS LOMAS MIRAMONTE

APPROVED 5-21-09

## DFAL TRACK SCHEDULE

2009-10

**Practice Starts: February 8; Start Time: 3:30 PM**

**DFAL Frosh/Soph Invitational Meet: Tuesday, May 11**

**DFAL League Meet: Wednesday and Friday, May 12 and 14; Start Time: Trials: 4:30PM;**

**Finals: 5:00PM; Site: Dublin High School**

**NCS Tri-valley Championships: Saturday, May 22**

**NCS Meet of Champions: Friday and Saturday, May 28, 29**

**State CIF Championships: Friday and Saturday, June 4, 5**

### Week One: Wednesday, March 17

Site 1: Las Lomas @ Miramonte

Site 2: Acalanes/Dougherty Valley @ Dublin

### Week Two: Wednesday, March 31

Site 1: Miramonte @ Dougherty Valley

Site 2: Campolindo/Las Lomas @ Alhambra

### Week Three: Wednesday, April 14

Site 1: Dublin/Miramonte @ Acalanes

Site 2: Alhambra/Dougherty Valley @ Campolindo

### Week Four: Wednesday, April 21

Site 1: Alhambra/Miramonte @ Campolindo

Site 2: Acalanes/Dublin @ Las Lomas

### Week Five: Wednesday May 5

Site 1: Las Lomas @ Dougherty Valley

Site 2: Acalanes/Alhambra/Campolindo @ Dublin