

# DIABLO FOOTHILL ATHLETIC LEAGUE

ORLANDO CHIAVINI, COMMISSIONER  
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ACALANES ALHAMBRA CAMPOLINDO DOUGHERTY VALLEY DUBLIN LAS LOMAS MIRAMONTE

APPROVED 11-18-08

## DFAL CROSS COUNTRY SCHEDULE

**2009-10**

First day of Practice: August 17, 2009; Meet starting time: 3:30PM

Scoring format: Dual meet format for the center meets. Championship format for League Championship

NCS Meet of Champions: November 21, 2009;

CIF Cross Country Championships: November 28.

### CENTER MEETS

#### Wednesday, September 30

Site 1: Martinez Marina

Miramonte, Las Lomas Alhambra\*

Site 2: Hidden Valley Park

Acalanes, DVHS/Dublin, Campolindo\*

#### Wednesday, October 14

Site 1: Miramonte High School

DVHS, Campolindo, Miramonte\*

Site 2: Lafayette Community Park

Las Lomas, Alhambra, Dublin, Acalanes\*

#### Wednesday, October 28

Site 1: Dublin High School

Miramonte, Acalanes, Dublin\*

Site 2: Shell Ridge

Campolindo, Alhambra, DVHS, Las Lomas\*

#### Saturday, November 7

DFAL Varsity Championships

Site: Hidden Valley Park

Time: 1:00PM

\* Denotes Host Team