

DIABLO FOOTHILL ATHLETIC LEAGUE

PAT LICKISS, COMMISSIONER
1989 WOODBURY CT, WALNUT CREEK, CA. 94596 TEL/FAX (925) 939-3127

ACALANES ALHAMBRA CAMPOLINDO DOUGHERTY VALLEY DUBLIN LAS LOMAS MIRAMONTE

REVISED April 19, 2012

WATER POLO GUIDELINES

1. SEASON

- 1.1 Water polo is a fall sport as defined by NCS.
- 1.2 Practice may begin on the Monday following the Thursday 14 weeks prior to thanksgiving.
- 1.3 The season to end no later than the last day of the football season.
- 1.4 The maximum number of contests will be:
 - 1.4.1 Varsity: 24 games, plus 2 scrimmages.
 - 1.4.2 Junior Varsity: 21 games, plus 2 scrimmages
- 1.5 Tournaments:
 - 1.5.1 All tournaments, excluding post season NCS and CIF play, must be included within the 24 game limit.
 - 1.5.2 Tournament games count on a game-by-game basis.

2. CONTEST INFORMATION

- 2.1 Starting time: 4:00PM
- 2.2 Days of competition: Tuesdays or Wednesdays.
- 2.3 Order of Play: 4:00PM, JV Girls; 5:00PM, Varsity Girls; 6:00PM, Varsity Boys; 7:00PM JV Boys.
 - 2.3.1 Changes in order may be made with the agreement of both coaches.
 - 2.3.2 A roster of both teams will be presented to the desk 15 minutes before the start of each game.

3. PREVAILING RULES

- 3.1 Games will be conducted according to Interscholastic Rules, national Federation Rule Book.
- 3.2 Players:
 - 3.2.1 Coaches have the option of moving eligible players up and down, between JV and Varsity, on a game-by-game basis.
 - 3.2.2 Seniors are not to play in Junior Varsity games.
- 3.3 In the event of an injury or concussion, the school's athletic trainer or the opponent's athletic trainer, if he/she is the only athletic trainer at the contest, has the authority to determine if a player may continue to play or practice.

4. EQUIPMENT AND UNIFORMS

- 4.1 Determined by National Federation Rule Book.
- 4.2 Ear guards are mandatory

5. OFFICIALS

- 5.1 The host school is responsible for paying the officials.

6. DETERMINATION OF LEAGUE CHAMPIONS

- 6.1 The DFAL Champion will be the winner of the round robin play
- 6.2 Tie Breaking Criteria:
 - 6.2.1 The tie breaker will be determined by head to head play.
 - 6.2.2 If there is a 3-way tie, a draw from the hat will determine the winner.
- 6.3 NCS Determination:
 - 6.3.1 The league champion will be the automatic NCS representative.
 - 6.3.2 At large representative:
 - 6.3.2.1 There is no limit to the number of at-large representatives a league can send to the NCS Tournament for both boys and girls.

7. ALL LEAGUE SELECTION

- 7.1 Coaches will select an all-league boys and girls team at the end of the season during the post-season meeting. Coaches may not vote for their own players. Selection will be as follows:
 - 7.1.1 MVP
 - 7.1.2 Outstanding Goalie
 - 7.1.3 9 first team players
 - 7.1.4 9 second team players

7.1.5 1 Honorable Mention Player per school – done by each coach’s decision for their school (currently 6 total).