

DIABLO FOOTHILL ATHLETIC LEAGUE

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DIABLO FOOTHILL ATHLETIC LEAGUE BOYS AND GIRLS SOCCER GUIDELINES

1. SEASON

- 1.1 Boys and Girls soccer is a winter sport.
- 1.2 Practice may begin the second Monday in November.
- 1.3 A schedule will be presented to the Board of Governors for approval each year.
- 1.4 Number of Contests:
 - 1.4.1 24 contests for both Varsity and JV
 - 1.4.2 2 scrimmages
- 1.5 Scrimmages Defined
 - 1.5.1 There will be no paid officials, no publicity, no score kept.
 - 1.5.2 Scrimmages will be indicated on the schedule as such.
 - 1.5.3 There will be unlimited time periods, free substitutions.
 - 1.5.4 Play may be stopped or interrupted by coaches.
 - 1.5.5 No admission will be charged.
- 1.6 Tournaments:
 - 1.6.1 Each game of a tournament counts as a complete game and will be counted in the maximum number of contests.
 - 1.6.2 All tournaments must be CIF sanctioned.

2. CONTEST INFORMATION

- 2.1 Starting Times: Regularly scheduled league games will start at 4:15 and 6:15PM
 - 2.1.1 Late arrival: traveling team is allowed 15 minutes warm-up prior to the beginning of the game.
- 2.2 Days of Competition: Wednesday and Friday.
- 2.3 Contest Format:
 - 2.3.1 Varsity: two periods, 40 minute each.
 - 2.3.2 JV: two periods, 35 minutes each.

3. PREVAILING RULES

- 3.1 All games will be conducted under the Federation of State High School Association's soccer rulebook, as mandated by the National Federation of State High School Athletic Association.
- 3.2 Inclement weather:
 - 3.2.1 Times and dates may be changed to accommodate inclement weather. Games must be made up within 2 weeks, weather permitting
 - 3.2.2 These changes may be made only with the consent of the Athletic Directors or Principals of both schools.
 - 3.2.3 Home team coach will be responsible for notification and rescheduling of officials, with the approval of the Athletic Director or Principal.
- 3.3 Field Markings:
 - 3.3.1 All four corners of the field must have corner flags, constructed so to be safe.
 - 3.3.2 Field lines and field markings must be in accordance with the National Association Rule Book.
- 3.4 Red Card Procedure:
 - 3.4.1 Any red carded player will be ineligible to play in the next game.
 - 3.4.2 Next regularly scheduled game is defined by the order of the schedule.
 - 3.4.3 The referee will report the red carded player to the association's assigning secretary and to the league commissioner.
 - 3.4.4 Any game in which a red-carded player participates shall be forfeited.
 - 3.4.5 If a player is red carded in a league game, or a post-season game, the player must sit out the next game, including the first game of the next year, if the red-carded player is not a senior.
 - 3.4.6 If a player receives a red card in a league championship game and the next scheduled game is a NCS first round game, the player must sit out that game.
- 3.5 Rosters: Prior to each game:
 - 3.5.1 Coaches will exchange team rosters of eligible players and jersey numbers.
 - 3.5.2 Coaches will provide a team roster to the referee.

- 3.6 Health and Safety:
- 3.6.1 If there is an injury and the coach is summoned to the field by the referee, a substitution must be made for the injured player.
- 3.6.1.1 The injured player must have referee approval before reentering the game.
- 3.6.2 The Blood Rule shall be enforced as mandated by NCS and CIF.
- 3.6.3 In the event of an injury or concussion, the school's athletic trainer or the opponent's athletic trainer, if he/she is the only athletic trainer at the contest, has the authority to determine if a player may continue to play or practice.**

EQUIPMENT AND UNIFORMS

- 4.1 Uniforms:
- 4.1.1 It is preferred that each team has two sets of jerseys, numbered on the back.
- 4.1.1.1 White or light to be worn at home,
- 4.1.1.2 Dark color to be worn when traveling.
- 4.1.2 The goalkeeper's jersey shall be different in color from any other player on the field except the opposing goalkeeper.
- 4.1.2 Home team is responsible for changing jersey colors in the event of a color conflict, at the discretion of the referee.
- 4.2 Equipment:
- 4.2.1 Game Balls: Home team shall provide an approved game ball and back up balls as needed to maintain play.
- 4.2.2 Safety Equipment: All players must wear proper safety equipment as mandated by the National Soccer Federation rules.

OFFICIALS

- 5.1 Varsity games will be played with three officials: one referee and two linesmen. In emergencies, one referee and two line judges are acceptable.
- 5.1.1 Referee's decision shall be deemed as official and are not subject to protest unless it can be proven that there was a definite misinterpretation of the rules.
- 5.1.2 The officials association under contract to the league shall be used exclusively for all games.

DETERMINATION OF LEAGUE CHAMPIONS

- 6.1 League Champion
- 6.1.1 The regular league season is defined as a double round robin.
- 6.1.2 Point System: Each team is awarded three points for a win, one point for a tie and zero points for a loss in all league games.
- 6.1.3 The league champion will be the winner of the regular league season double round robin play.
- 6.1.4 Ties will be resolved using the tie-Breaking criteria. (See#7)

TIE BREAKER

- 7.1 Criteria for tie breaking between 2 teams qualifying for playoff positions:
- 7.1.1 Head to head competition.
- 7.1.2 Goal differential of no more than 4 per game.
- 7.1.3 Team that won the second round game.

NCS QUALIFYING

- 8.1 The automatic representative to the NCS will be the league champion.

ALL LEAGUE SELECTION

- 9.1 Coaches shall select first and second All League teams, and a list of Honorable Mention players.
- 9.1.1 First and Second teams will be comprised of at least eleven players each.
- 9.1.2 Honorable Mention list will be comprised of players who may not have the skills to make the other two teams, but who have demonstrated that they are worthy of being recognized.
- 9.2 Nominating Procedure:
- 9.2.1 Coaches will nominate players for each position for the first team.
- 9.2.2 After the nomination is complete, coaches will narrow down the number of players to eleven.
- 9.2.2.1 Teams with the four best records during the regular season will be guaranteed the following number of players on the first team:
- 9.2.2.1.1 First Place = 3 players
- 9.2.2.1.2 Second Place = 2 players
- 9.2.2.1.3 Third Place = 2 players
- 9.2.2.1.4 Fourth Place = 1 player
- 9.2.3 The second team will be selected in the same manner as the first team. However, there will be

no restrictions or guarantees on the numbers to be selected from each team.

- 9.2.4 The honorable mention nominations will be selected by their coach. No vote will be taken on these selections. Each school will be limited to three honorable mention selections.
- 9.3 Nominations for Player-Of-The-Year, Offensive MVP, and Defensive MVP:
 - 9.3.1 Coaches may nominate a player-of-the-year, an offensive MVP and a defensive MVP. He/She will submit a one-paragraph synopsis of that player's season.
 - 9.3.2 The Player-of-the-year, Offensive MVP, and Defensive MVP will be separate from the first team all league team.