

DIABLO FOOTHILL ATHLETIC LEAGUE

ORLANDO CHIAVINI, COMMISSIONER
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ACALANES ALHAMBRA CAMPOLINDO DOUGHERTY VALLEY DUBLIN LAS LOMAS MIRAMONTE

DFAL ALL LEAGUE

2009-10 GIRLS TRACK/FIELD

FIRST TEAM

<u>NAME</u>	<u>SCHOOL</u>	<u>YEAR</u>	<u>EVENT</u>
Becca Boswick	Acalanes	9	4 X 100M Relay
Amy Hollshwandner	Acalanes	9	4 X 100M Relay; 400M; 200M; Long Jump
Katherine Salmon	Acalanes	11	4 X 100M Relay
Lisa Carrington	Acalanes	9	4 X 100M Relay
Emily Shearer	Acalanes	12	1600M; 800M; 4X400M Relay
Katie Barton	Acalanes	11	100M Hurdles; 300M Hurdles; 4X400M Relay; Triple Jump
Divine Adesida	Alhambra	12	400M; 4 X 100M Relay; 200M
Noria Mitchell	Dublin	10	100M; 4 X 100M Relay; 200M
Katie Berge	Acalanes	11	800M; 4 X 400M Relay
Grace Orders	Campolindo	11	3200M; 1600M
Alia Shafi	Acalanes	9	4 X 400M Relay
Lindsey Allen	DVHS	11	Long Jump; Triple Jump
Hadley Swanson	Campolindo	9	High Jump; 400M; Long Jump
Cimran Viridi	Las Lomas	10	Pole Vault
Eva Isaacs	Campolindo	12	Shot Put; Discus
Praise Adesida	Alhambra	10	Discus; 4 X 100M Relay; Shot Put; Discus

SECOND TEAM

Savannah Wadsworth	Alhambra	11	4 X 100M Relay
Meaghan Yoeono	Alhambra	10	4 X 100M Relay
Carrie Verdon	Campolindo	10	1600M; 800M; 3200M
Noelle Neason	Miramonte	12	100M Hurdles; 300M Hurdles; 4X400M Relay
Natalie Smith	Las Lomas	12	100M
Kirby Schulz	Miramonte	11	4 X 400M Relay; 100M Hurdles; 300M Hurdles
Mackenzie Martin	Miramonte	11	4 X 400M Relay
Mary Doyle	Miramonte	10	4 X 400M Relay
Selin Kaya	Dublin	11	Triple Jump
Rachel Jensen	Miramonte	12	High Jump
Lauryann Jiang	Las Lomas	12	Pole Vault

HONORABLE MENTION

Alexis Fullard	Dublin	11	4 X 100M Relay
Claudia Cordero	Dublin	11	4 X 100M Relay
Jaime Rompel	Dublin	11	4 X 100M Relay
Amani Lovelace	DVHS	9	100M
Shelby Nickles	Dublin	11	3200M
Emily Brennan	Campolindo	12	4 X 400M Relay
Olivia Warren	Campolindo	12	4 X 400M Relay
Jessie Cahill	Campolindo	12	4 X 400M Relay
Meghan Nelson	Campolindo	10	4 X 400M Relay
Pelan Kaya	Dublin	11	High Jump
Megan Gemara	Las Lomas	10	Pole Vault
Adrienne Burgin	Acalanes	11	Shot Put
Margaret Macy	Campolindo	10	Discus