

DIABLO FOOTHILL ATHLETIC LEAGUE

ORLANDO CHIAVINI, COMMISSIONER
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ACALANES ALHAMBRA CAMPOLINDO DOUGHERTY VALLEY DUBLIN LAS LOMAS MIRAMONTE

DFAL ALL LEAGUE

2009-10 BOYS TRACK/FIELD

FIRST TEAM

<u>NAME</u>	<u>SCHOOL</u>	<u>YEAR</u>	<u>EVENT</u>
Zack Mayeri	Miramonte	12	4 X 100M Relay
James King	Miramonte	12	4 X 100M Relay
Micah Solit	Miramonte	10	4 X 100M Relay
Kevin Booze	Miramonte	10	4 X 100M Relay; 400M; 4x400M Relay
Jamie Fehrstrom	Miramonte	10	1600M
Matt Keeble	Campolindo	12	110M Hurdles; 300M Hurdles; 4X400M Relay; Triple Jump
Sean Delfani	Las Lomas	12	400M; 4X400M Relay
Michael Hoffman	Campolindo	11	100M; 200M; 4X400M Relay
Ashraf Mathkour	Miramonte	11	800M; 4X400M Relay
Dylan Laucher	Campolindo	11	3200M; 1600M
Ross Anderson	Miramonte	10	4 X 400M Relay; 400M; Triple Jump
Nick Vedovi	Miramonte	12	4 X 400M Relay
Keremiah Crockett	Dublin	11	Long Jump; Triple Jump
KJ Smith	DVHS	12	High Jump
Alex Kalish	Campolindo	12	Pole Vault
Zach Coniglio	Alhambra	12	Shot Put; Discus

SECOND TEAM

Jonah Barnes	DVHS	12	4 X 100M Relay
Jeremy Sites	DVHS	12	4 X 100M Relay; 100M
Caleb Smith	DVHS	10	4 X 100M Relay
Derik Delonzor	DVHS	12	4 X 100M Relay
KC Green	Las Lomas	12	1600M; 4X400M Relay
Andrew Wang	Campolindo	12	110M Hurdles; 300M Hurdles; Long Jump
Toshi Kellogg	Acalanes	12	800M
Kenny Grimble	Las Lomas	11	300M Hurdles
Trevor Davis	Alhambra	11	200M, 100M
Doug Chudler	Campolindo	12	3200M
Michael Morgan	Las Lomas	12	4 X 400M Relay; 4 X 100M Relay
Carl Gracely	Las Lomas	11	4 X 400M Relay
Tyler Malley	Acalanes	12	Long Jump; High Jump
Paul Fulcher	DVHS	11	High Jump
Nathan Falk	Acalanes	12	Pole Vault
Griffin Brumbaugh	Campolindo	11	Shot Put; Discus

HONORABLE MENTION

Chase Herring	Las Lomas	12	4 X 100M Relay
Salar Haghighi	Las Lomas	12	4 X 100M Relay
Kevin Merhoff	Las Lomas	11	4 X 100M Relay
Colin Tokos	Las Lomas	12	110M Hurdles
Adler Faulkner	Acalanes	9	800M
James King	Miramonte	12	200M
Christian Britto	Miramonte	12	3200M
James Reinke	Campolindo	12	4 X 400M Relay
Patrick Trotter	Campolindo	12	4 X 400M Relay
Andres Del Valle	Campolindo	10	Pole Vault
Alex Finn	Alhambra	12	Shot Put
Justin Minor	Dublin	12	Discus